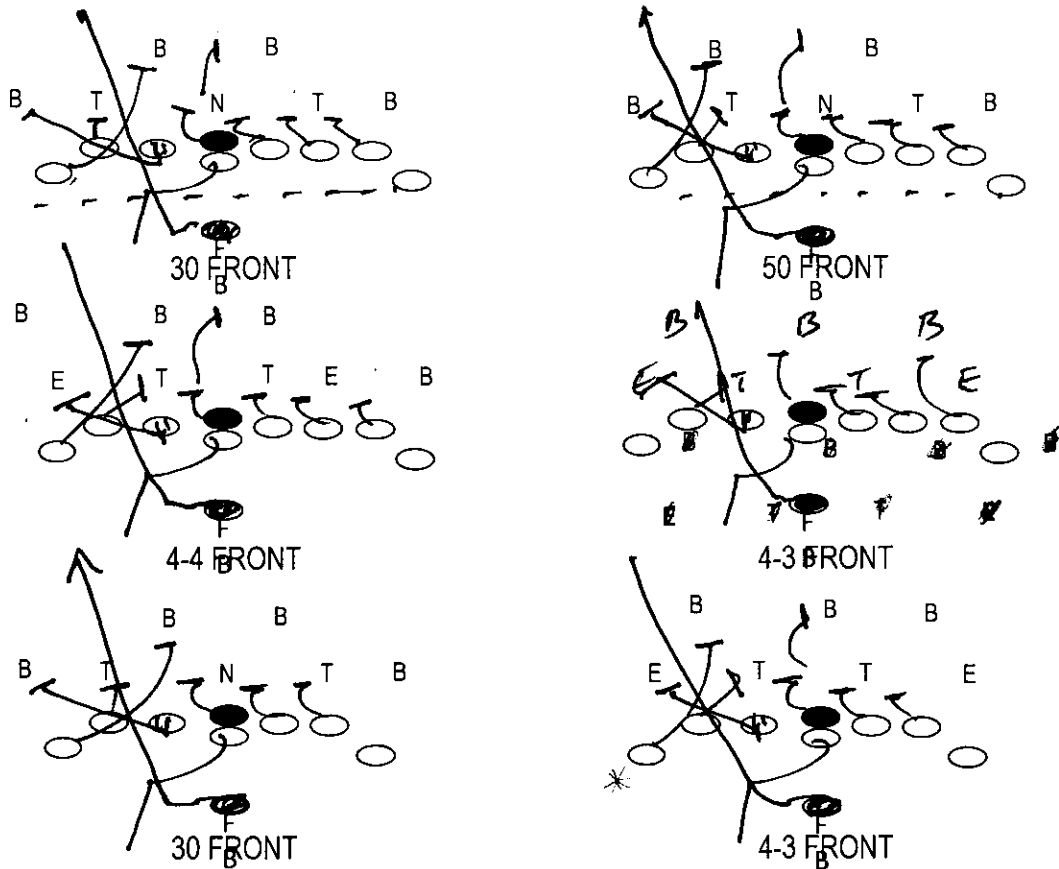


33 BELLY



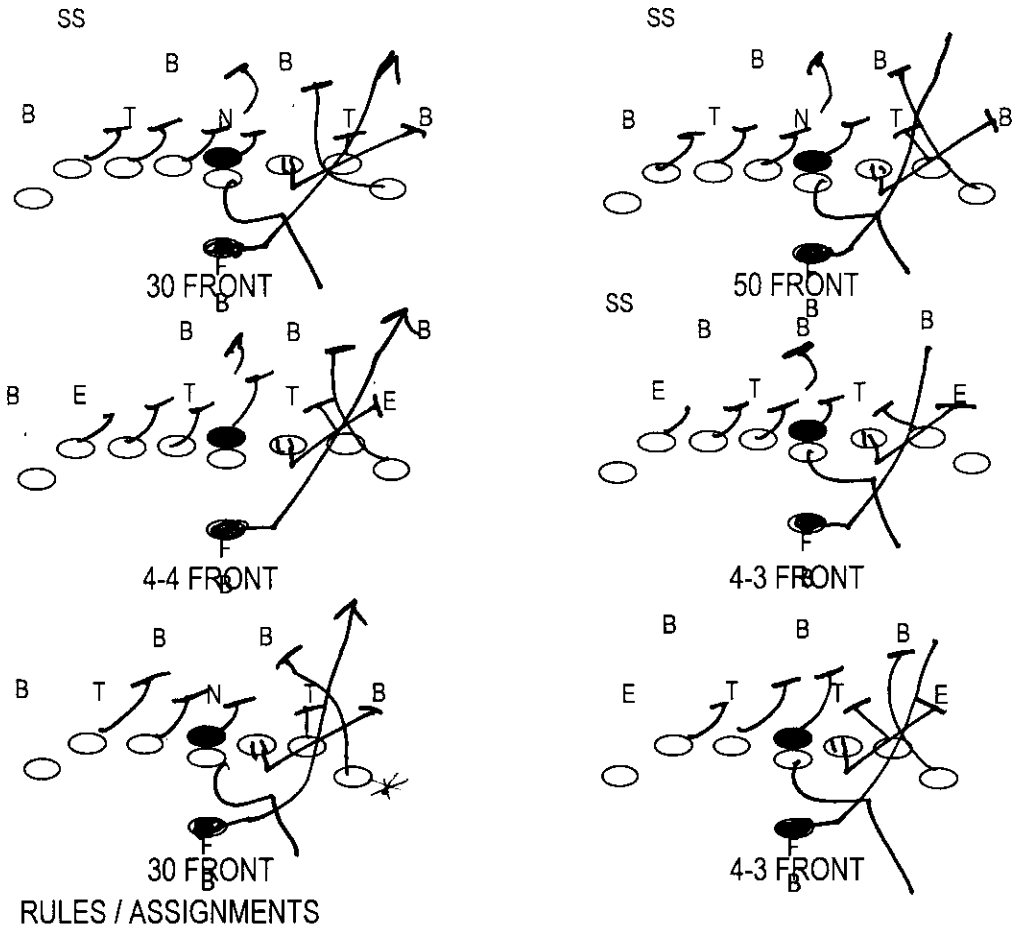
RULES / ASSIGNMENTS

FRONT	LEFT TACKLE	LEFT GUARD	CENTER	RIGHT GUARD	RIGHT TACKLE	Y/Q
30	Block # 1	Cross block to # 2	Base <i>zone</i>	Zone	Zone	Zone Near Safety
50	Block # 1	Cross block to # 2	Base	Zone	Zone	Zone Near Safety
4-4	Block # 1	Cross block to # 2	Base	Zone	Zone	Zone Near Safety
4-3	Block # 1	Cross block to # 2	Base	Zone	Zone	Zone Near Safety

FB	Belly steps, read cross block scheme. (Open, cross, step to hole)
H BACK	Block inside LB. Take path between guard and tackle.
Z BACK	Hop/Hip motion on QB's command
X REC	Stalk block
QB	Reverse pivot, deep hand-off, continue with option fake or pass fake

COACHING POINT: Play side guard must make a solid call if #1 D lineman is playing in A gap weak. Back side lineman must stop play side gap penetration. Uncovered lineman must step to play side gap to level 2 defender.

B 32 BELLY

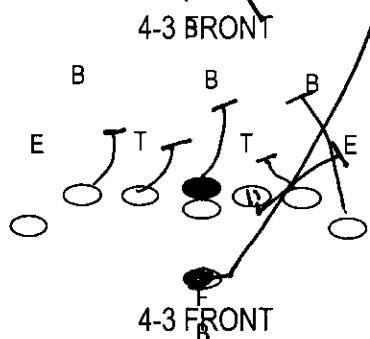
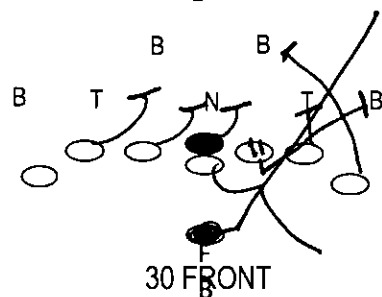
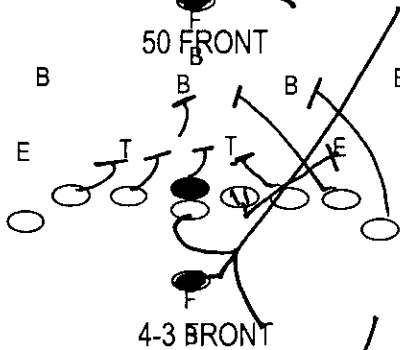
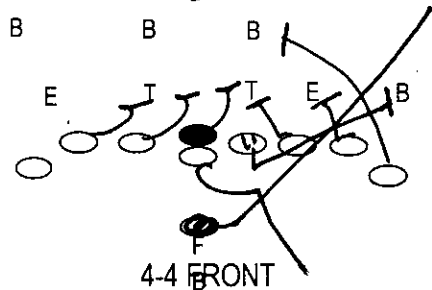
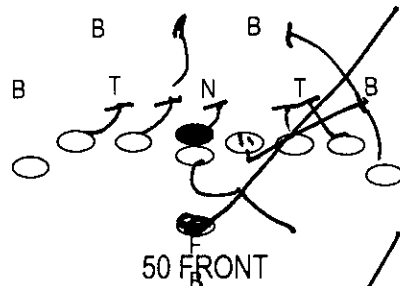
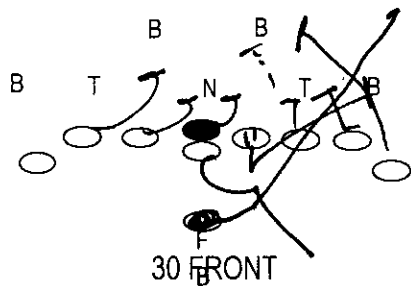


FRONT	LEFT TACKLE	LEFT GUARD	CENTER	RIGHT GUARD	RIGHT TACKLE	Y/Q
30	Zone	Zone	Zone	Cross Block to # 2	Block # 1	Zone Stack Block
50	Zone	Zone	Zone	Cross Block to # 2	Block # 1	Zone Stalk Block
4-4	Zone	Zone	Zone	Cross Block to # 2	Block # 1	Zone Stalk Block
4--3	Zone	Zone	Zone	Cross Block to # 2	Block # 1	Zone Stalk Block

FB	Belly steps, read cross block scheme. (Open, cross, step to hole)
H BACK	Block inside LB. Take path between guard and tackle/ Hio-Hop motion no TE formations
Z BACK	Hop/Hip motion on QB's command/Block inside LB. Take path between guard and tackle
X REC	Stalk block / Near Safety with Belly play away.
QB	Reverse pivot, deep hand-off, continue with option fake or pass fake

COACHING POINT: Play side gurad must make a solid call if #1 D lineman is playing in A gap weak.
 Back side lineman must stop play side gap penetration.
 Uncovered lineman must step tp play side gap to level 2 defender.

34 DOWN



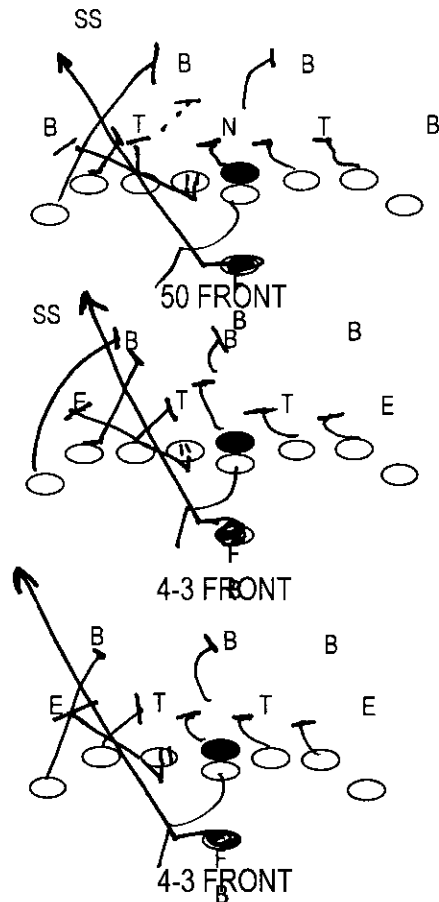
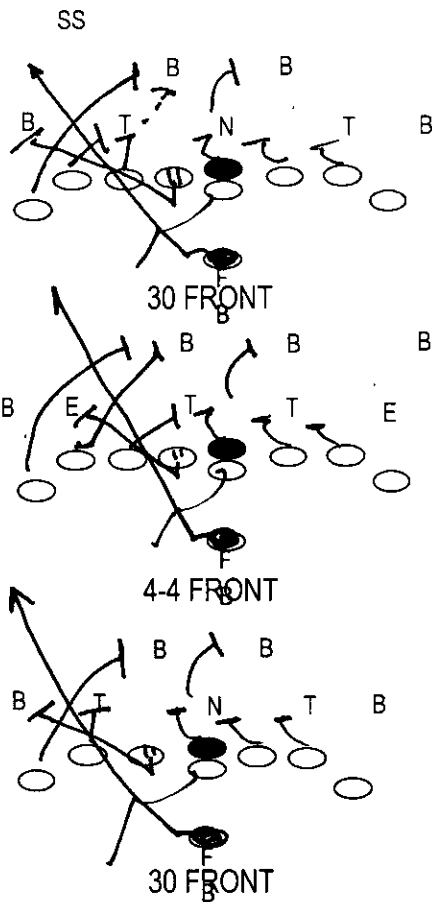
RULES / ASSIGNMENTS

FRONT	LEFT TACKLE	LEFT GUARD	CENTER	RIGHT GUARD	RIGHT TACKLE	Y
30	Zone	Zone	Base Zone	* Kick out	Block # 1 * Chip block	Gap/Down/LB Stalk Block
50	Zone	Zone	Base Zone	* Kick out	Block # 1 * Chip Block	Gap/Down/LB Stalk Block
4-4	Zone	Zone	Zone	* Kick out	Block # 1	Gap/Down/LB Stack Block
4-3	Zone	Zone	Zone	* Kick out	Block # 1	Gap/Down/LB Stalk Block

FB	Open step towards Rt Guard outside leg. Read blocking scheme
H BACK	Hum/Hop motion. Continue with fake/option path.
Z BACK	Block level 2 defender. ILB or SS
X REC	Near safety
QB	Reverse pivot, hand off to FB continue with option fake.

COACHING POINT: Lt Guard: Kick out outside defender. Must always attack from inside out path.
 Kick out on defender line up head up on TE or first defender pass TE
 Rt Tackle: Will Chip block vs a 30 and 50 Fronts

B 35 DOWN



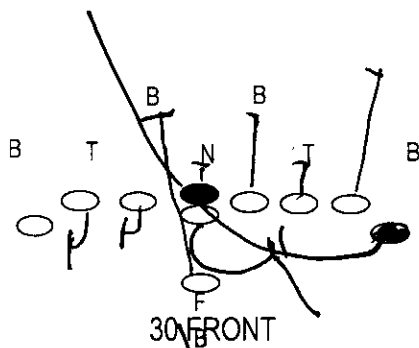
RULES / ASSIGNMENTS

FRONT	LEFT TACKLE	LEFT GUARD	CENTER	RIGHT GUARD	RIGHT TACKLE	Y
30	Block # 1 * Chip block	* Kick out Cross Block	Base Zone	Zone	Zone	Gap/Down/LB Stalk Block
50	Block # 1 * Chip block	* Kick out Cross Block	Base Zone	Zone	Zone	Gap/Down/LB Stalk Block
4-4	Block # 1	* Kick out Cross Block	Base Zone	Zone	Zone	Gap/Down/LB Near Safety
4-3	Block # 1	* Kick out Cross Block	Base Zone	Zone	Zone	Gap/Down/LB Near Safety

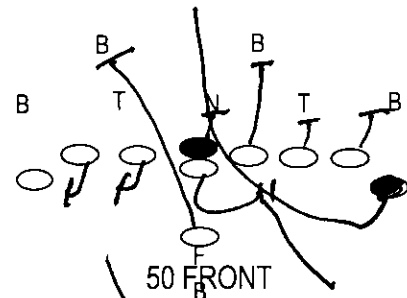
FB	Open step towards Lt Guard outside leg. Read blocking scheme
H BACK	Hum/Hop motion. Have great fake / Block level 2 inside defender on formations w/no TE
Z BACK	Block level 2 inside defender / Zip-Zoom motion on formations with no TE
X REC	Near safety / Stalk Block
QB	Reverse pivot, hand off to FB continue with option fake.

COACHING POINT: Lt Guard: Kick out outside defender. Must always attack from inside out path.
 Kick out on defender line up head up on TE or first defender pass TE
 Lt Tackle: Will Chip block vs a 30 and 50 Fronts

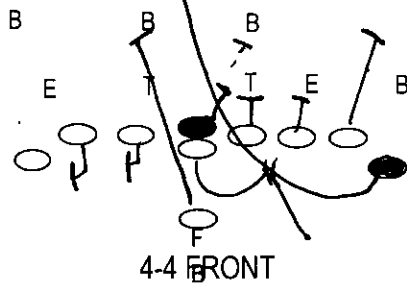
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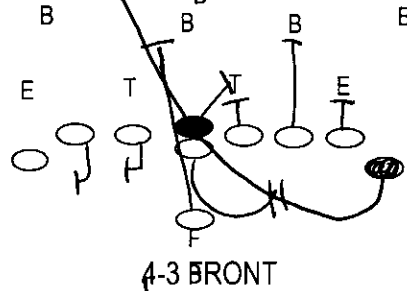
30 FRONT



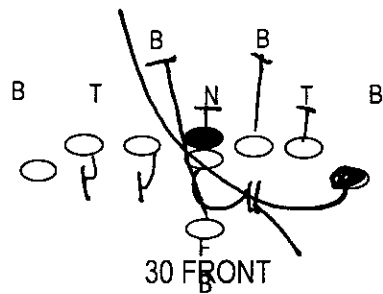
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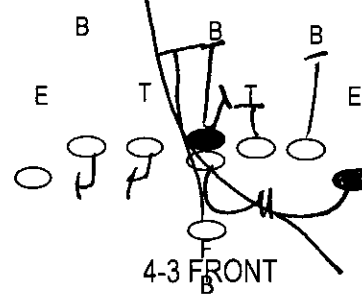
4-4 FRONT



4-3 FRONT



30 FRONT



4-3 FRONT

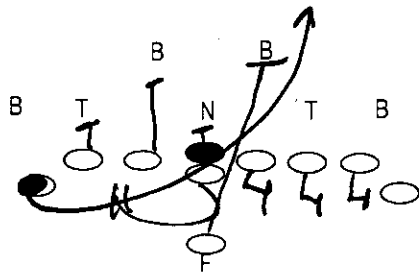
RULES / ASSIGNMENTS

30	Pass block Block out	Pass block Block out	Base	Base	Base	Base Near Safety
50	Pass block Block out	Pass block Block out	Base	Base	Base	Base Near Safety
4-4	Pass block Block out	Pass block Block out	Base	Base	Base	Base
4-3	Pass block Block Out	Pass block Block Out	Base	Base	Base	Base

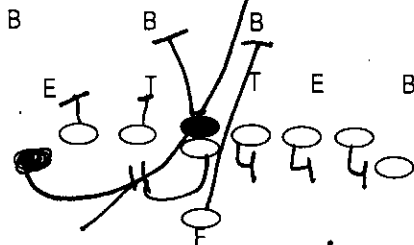
FB	Block back side ILB. A gap weak path
H BACK	Hum-Hop motion
Z BACK	Step back with inside foot, reverse to 1 hole. Take inside hand off.
X REC	Stack block <i>NEAR SAFETY</i>
QB	Sweep action and make inside hand off to Z back.

COACHING POINT: Lt Tackle and LT Guard: Take inside step, show pass and take defender upfield and out.
Z Back: Must read blocking scheme inside.

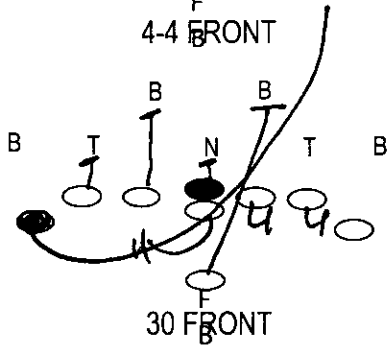
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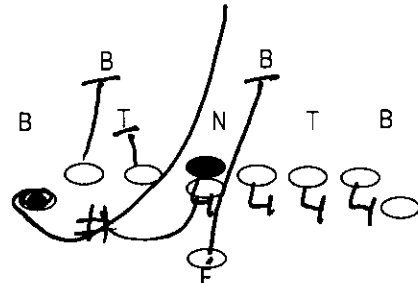
30 FRONT



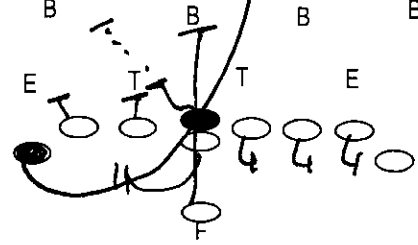
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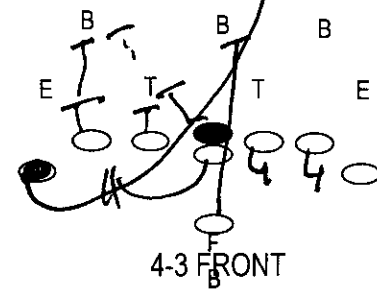
30 FRONT



50 FRONT



4-3 FRONT



4-3 FRONT

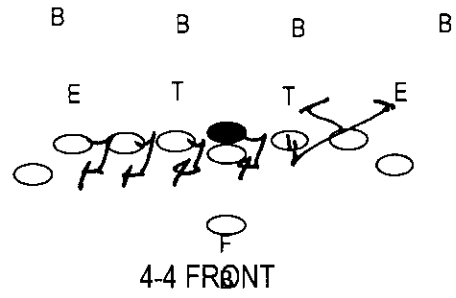
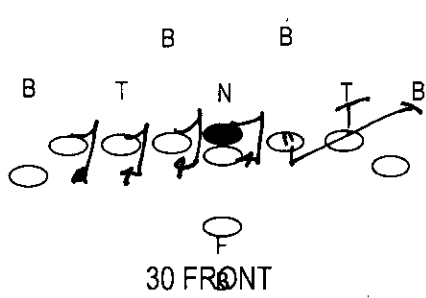
RULES / ASSIGNMENTS

30	Base	Base	Base	Pass block out	Pass block out	Base Near Safety
50	Base	Base	Base	Pass block out	Pass block out	Base Near Safety
4-4	Base	Base	Base	Pass block out	Pass block out	Stalk block
4-3	Base	Base	Base	Pass block out	Pass block out	Stalk Block

FB	Block back side ILB. A gap weak path
H BACK	Step back with inside foot, reverse to 1 hole. Take inside hand off.
Z BACK	Zip-Zoom motion
X REC	Stalk block <i>Near safety</i>
QB	Sweep action and make inside hand off to Z back.

COACHING POINT: Rt Tackle and RT Guard: Take inside step, show pass and take defender upfield and out.
H Back: Must read blocking scheme inside.

B CK 32

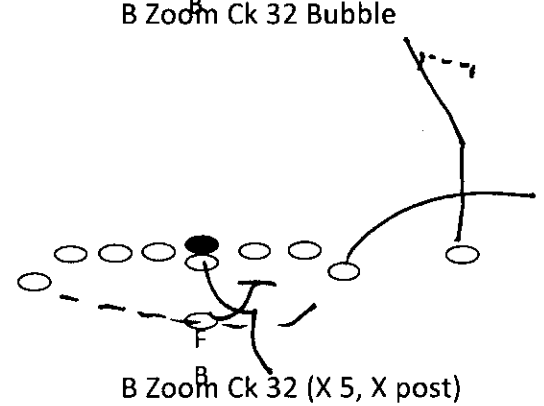
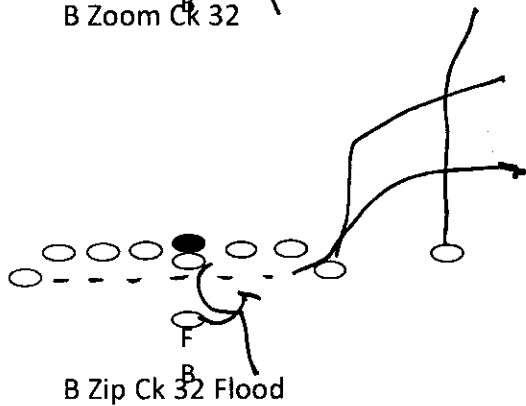
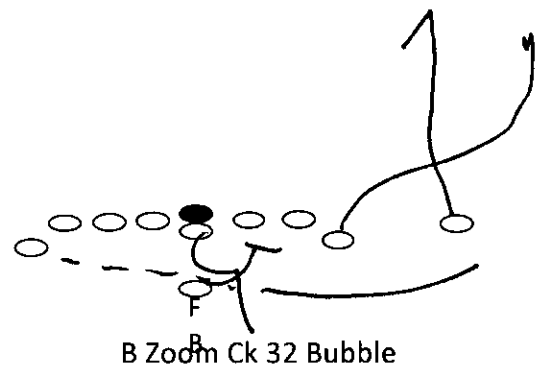
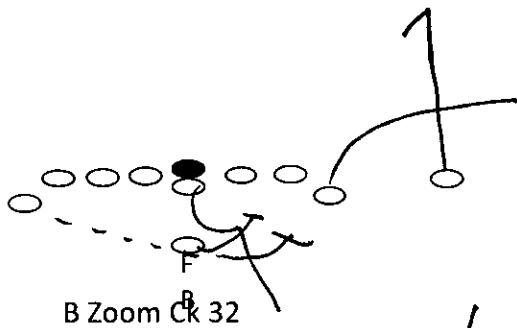


RULES / ASSIGNMENTS

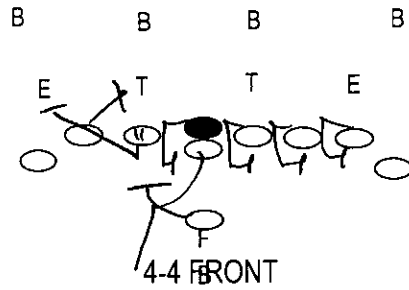
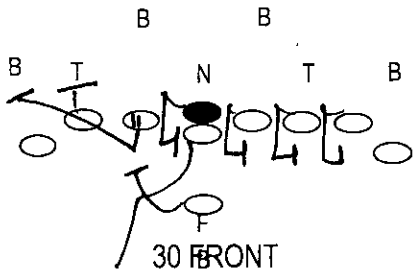
FRONT	LEFT TACKLE	LEFT GUARD	CENTER	RIGHT GUARD	RIGHT TACKLE	Y
50	Hinge block	Hinge block	Hinge block	Cross block to # 2	Block # 1	Hinge block
4-4	Hinge block	Hinge block	Hinge block	Cross block to # 2	Block # 1	Hinge block

FB	Belly action fake, block from gap A to gap C
H BACK	Arrow route
Z BACK	Zoom motion, outside blocker
X REC	curl route
QB	Belly fake; drop behind tackle

COACHING POINT: Progression: Curl to arrow route



CK33

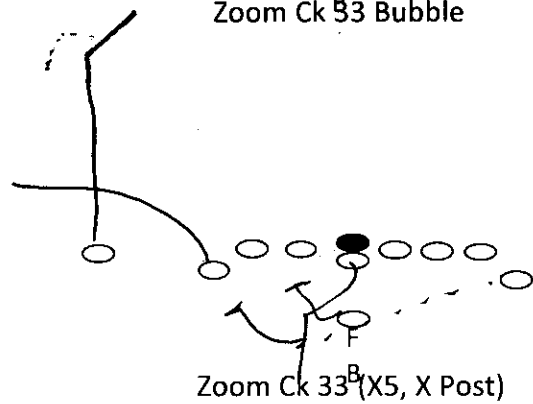
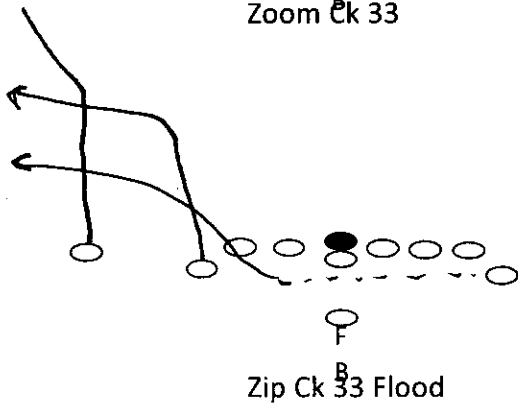
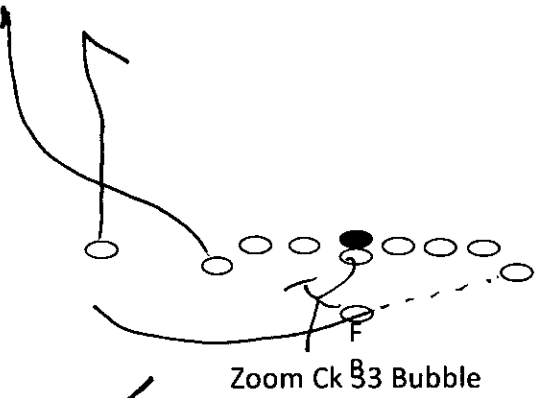
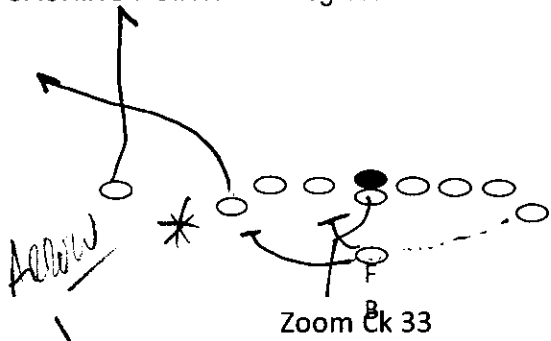


RULES / ASSIGNMENTS

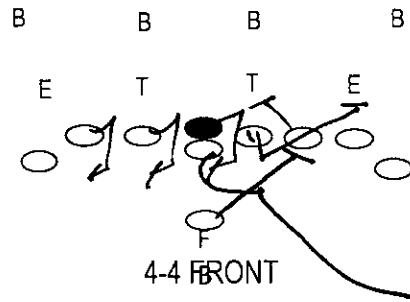
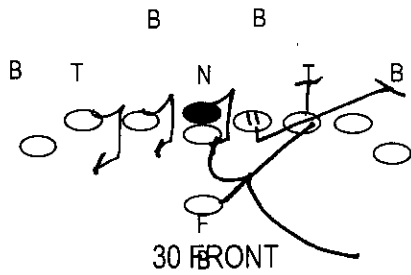
FRONT	LEFT TACKLE	LEFT GUARD	CENTER	RIGHT GUARD	RIGHT TACKLE	Y
50	Block # 1	Cross block to # 2	Hinge block	Hinge block	Hinge block	Hinge block
4-4	Block # 1	Cross block to # 2	Hinge block	Hinge block	Hinge block	Hinge block

FB	Belly action fake, block from gap A to gap C
H BACK	Arrow route
Z BACK	Zoom motion, outside blocker
X REC	curl route
QB	Belly fake; drop behind tackle

COACHING POINT: Progression: Curl to arrow route



CK34



RULES / ASSIGNMENTS

FRONT	LEFT TACKLE	LEFT GUARD	CENTER	RIGHT GUARD	RIGHT TACKLE	Y
30	Hinge block	Hinge block	Hinge block	Kick out log OLB in	Block # 1	
4-4	Hinge block	Hinge block	Hinge block	Kick out log OLB in	Block # 1	

FB	Down action, fake and block OLB
H BACK	Hip motion to 12-15 yard out route
Z BACK	Corner route
X REC	Back side post
QB	Down action, continue to sprint out. Read flood routes

COACHING POINT: Flood routes: Z Corner; H deep out, Y arrow

